


MENU

	Breakfast 08:15am	Snack 10:00am	Lunch 12:00pm	Snack 15:00pm
Monday	Mealie Meal	Tea and biscuits	Mac and cheese	Sandwiches
Tuesday	Jungle oats	Sandwiches	Spaghetti and mince with veggies	Fruit
Wednesday	Vanilla porridge	Fruit & Custard	Chicken ala king and rice with veggies	Sandwiches
Thursday	Jungle oats	Sandwiches	Mac and cheese with Vienna's	Tea and biscuits
Friday	Weetbix	Fruit & Yoghurt	Tuna Bake	TUCK!!!



011 393 3181

admin@123kids.co.za

138 Parkland Drive, Esther Park,
Kempton Park

EARLY CHILDHOOD DEVELOPMENT CENTRE